

Girls' Life

On Sale! Girls' Life October/November!
 >The Friend File >Beat the Blues >Sibling Rivalry >More

Contests

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Contests

Check out four great Girls' Life contests this month: be a star, read about boy bands or win great holiday gifts.



Meet Christina and be a star for a day.

She sings, she dances, she really annoys Eminem! Ever wish you could be with Christina Aguilera for a day? Well here's your chance! Girls' Life, Power Plant Live!, and Port Discovery: the Kid Powered Museum want you to imagine what it would be like to be the divine Miss A for a day.

What would you do? Cut a new single? Star in your next hit video? Perform at the MTV Video Awards and spend the rest of the evening in Fred Durst's limo?

Tell us in 100 to 500 words how you would spend your 24 hours in Christina's heels and your rock 'n' roll dream could come true!

If your essay is the best, we'll fly you, your guardian and two other guests to Baltimore for your own personal rock 'n' roll fantasy day, December 9, 2000. First you'll spend the afternoon letting your imagination run wild at Port Discovery, the Kid Powered Museum. Next it's off to dinner at the Hard Rock Café (Christina can't live without burgers!). Then you'll be our very special guest at the biggest concert of the season, the B102 Mistletoe Melt Down 2000. Catch Christina, Brian McKnight, BB Mak, the Baha Men and more from your primo seats. You'll even dash backstage to meet Christina herself to compare diva dish!

E-mail your essay to glcontest@girlslife.com or snail mail your essay to:

Christina Contest, c/o Girls' Life, 4517 Harford Road, Baltimore, MD 21214. Your entry must include your name, address, age and a telephone number where your parent/guardian can be reached during the day!! If your entry doesn't contain this information, your essay will not be chosen!

Please note that the information you give us will only be used to contact you in case you win. We will not use this information for any other purpose.

Exhibit A-1

Entries must be received by December 1. Winner will be notified on December 2, 2000. Tickets are on sale now at all Ticketmaster outlets or at www.ticketmaster.com! Tickets are \$37.50 plus service charge.



POP DESIGN WATCH KIT
The Ultimate Watch Kit



Doesn't it stink when your watch absolutely clashes with your outfit?

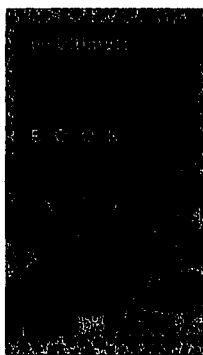


You were trying to be funky when you bought that apple red watch band but now that your fav sweater is bubble gum pink. What are you going to do?

Why not design your own watch? Pop Design Watch Kit, made by Wild Planet, comes with four different colored bands, four funky watch frames, 12 watch faces and 80 rub-on/rub-off designs to match any stylin' outfit.

If you want to win this kit from Wild Planet, e-mail webmaster@girlslife.com (Subject: Pop Watch Design Contest) or send in a postcard with your name and address to: Pop Design Watch Contest, c/o Girls' Life, 4517 Harford Road Baltimore, MD 21214. Contest ends Nov. 15.

The Ultimate Boy Band Book Giveaway



A whole book on the boy bands of your dreams—'NSync, 98 Degrees, Backstreet Boys—could come to your mailbox. Ditch after-dinner TV, and read exclusive scoops with members of No Authority, Plus One, Youngstown, BBMak and little-known trivia about MDO, LFO and 5ive. Each chapter is devoted to a band, outlining their success story, their hits and info on Web sites and fan clubs. Other chapters feature up-and-coming international bands and interviews with insiders in the boy band world like Lou Perlman, founder of Continental Records and creator of the Backstreet Boys, 'NSync and LFO.

If you want to win a free Ultimate Boy Band Book for you or your BFF, e-mail webmaster@girlslife.com (Subject: Boy Band Giveaway) or snail mail a postcard with your name and mailing address to:

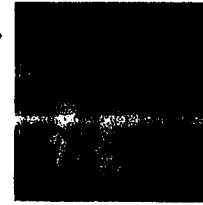
Boy Band Giveaway, c/o Girls' Life, 4517 Harford Road,

Exhibit A-2

Baltimore, MD 21214.
Contest ends Dec. 1.


Post Pal Giveaway

Don't know what to get your friends for the holidays? Don't go postal! Send 'em a Post Pal. For a little more than a greeting card, send your BFF a plush cow, pig, cat, dog, monkey or bear. Each stuffed animal comes with a greeting card and a pre-weighted envelope. It only costs 99 cents to mail, too. Be original—instead of Christmas cards, send Fluffy the Cow. They're also great for any occasion or birthday! Check out www.postpals.com for more information.



We're giving away 30 sets of Post Pals. Who would you send a Post Pal to and why? E-mail your short answer, name and address to webmaster@girlslife.com (Subject: Post Pal Giveaway) or send to: Post Pal Giveaway, c/o Girls' Life, 4517 Harford Road, Baltimore, MD 21214.
Contest ends Dec. 1.

BFF Polaroid Results

 In September, Girls' Life held the BFF Polaroid Giveaway. We had tons of responses to the contest, but only five lucky girls walked away with a brand spankin' new Polaroid Digital Camera! We received some pretty crazy and wild photos of our readers with their BFFs livin' it up over the summer. Some were splish-splashin' in the pool and others were hangin' out at home. No matter where the friendships bloomed, we have the winning pictures for you to view. Here's Kelsey's—check the rest out!



Our lucky winners are:
 Morgan W., Ohio
 Anne K., California
 Natalie A., Maine
 Tara M., England
 Kelsey R., New York

Congrats, girls! Enjoy your new Polaroid!

Exhibit A-3

EXHIBIT B

Girls' Life

subscribe to Girls' Life write us cyber pals club
home read your e-mail TRY IT what's new?

change of address

Full Name:

Customer Number:

e-mail address

Old Address:

street

city

state

zip

New Address:

street

city

state

zip

Exhibit B-1

EXHIBIT C

Girls' Life

NAUTICA Smart Girl TOUR 2000	Coming To A Mall Near You: <i>Music, Fashion, Fun and More!</i>
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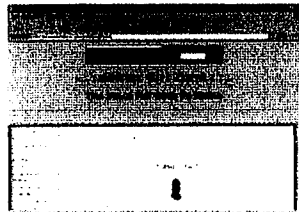
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Reader's Pages



Glitter Girl Zone

<http://www.expage.com/ggz>

Katherine's site is totally "the place for girls to shine." It has song lyrics, message boards, fashion and beauty sites, as well as horoscopes. The site also deals with more serious issues such as adoption and fighting. It is a great site for all girls to chat and hang


out with each other.

Check out more Reader's Pages

Submit your web site by providing your web address, a description of your site and your e-mail address to webmaster@girlslife.com

Exhibit C-1

Girls' Life

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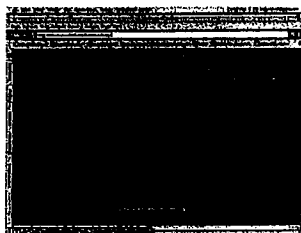
Girls' Life Online - November
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You Wrote It

Readers' Sites of Month

Girls' Life readers make great personal Web pages, online zines and Internet fan clubs. Send us the URL to your Web page to webmaster@girlslife.com. We post our favorites every month.



Writers of Today

If you're an aspiring writer, destined for publication on the Girls' Life Web Site, join the Writers of Today at

www.geocities.com/writersoftoday.

Maintained by two Girls' Life readers, Laura and Diana, the site posts poetry, essay and lyric submitted by you! They offer a fab

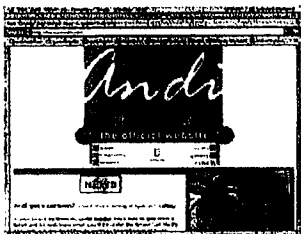
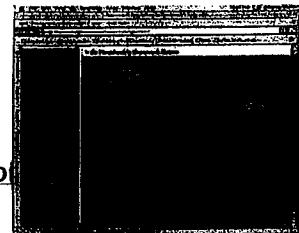
writing buddies program—your writing buddy will give you feed back on your latest submission. And they'll send you bi-weekly newsletters, packed with reviews. The site also features free email, messageboards and an interactive story you can contribute to. Log on today and express yourself.

Homework Helper

Is school already stressing you out? Can't find info for that school project on tigers? B.J. Pinchbeck's Homework Helper is online for you.

www.school.discovery.com/homeworkhelp/bjp

attracts 5000 homework hungry kids every day! It has over 600 links to reference sites that can help any struggling student with their homework.



Rising Star

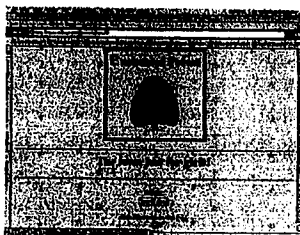
Andi Mans is a singer who is "under development" for a record deal with Dreamworks Records to record with ex-Backstreet Boys guitarist, Billy Chapin. As she works her way to the top, she's launched a hip new Web site. When you log onto www.andionline.com, Andi's voice greets you,

a fantastic way to promote herself.

Exhibit C-2

Calling all dog lovers.

www.expage.com/linelineme has some GREAT facts about dogs. Ever wonder which state has the most dogs born in one year? And did you know a dog was the first space traveler to the moon? And there are some great tunes on this site. Not Britney- just some classic blues.



The Enchanted Forest

The Enchanted Forest is really just an on-line, grown-up way to play house. Live in a virtual world as an adult—get married, buy a house, go shopping, pick a career, even have a baby. Earn and spend sparkles, instead of money. Play at

www.expage.com/enchantedforest8 now

'cause you won't have so much control over your 'adult life when it really counts.

EXHIBIT D

Girls' Life

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You Wrote It

Send your poetry and essays to webmaster@girlslife.com and we'll post our favorites here.

To Be Perfect

The world is spinning, round and round
 And just as it is I have found
 The world is superficially unreal
 And this is truly how I feel
 You have to have perfect eyes.
 You have to have a perfect nose.
 You have to have perfect lips,
 Manicured hands and pedicured toes.
 But you know what?
 I don't care.
 The fads aren't what I always wear.
 My hair isn't full of gel or spray.
 And you know what? I like it that way.
 I'm not perfect looking; I know that's true.
 But I don't mind and neither should you.
 —Erica Z., 11

The Days Pass

The days pass
 Flowers bloom
 birds sing
 and children laugh.
 The sun falls
 and the moon rises.
 The clouds come when the stars set.
 When the clouds come,
 That is when all the colors blend.
 —Amber

Perfect

Maria has the perfect smile
 Ann has the perfect hair
 Lisa has the perfect laugh
 But I don't really care.
 Suzy has the perfect teeth
 Tina has the perfect eyes
 To some, these things are important
 But beauty's not what I prize.
 I've not been that kind of perfect
 Right from the very start
 But that's not important to me
 'Cause I'm perfect in the heart.

Exhibit D-1

—Anna, 11

Waiting

Three cornstalks
 Dignified, withered and brown
 Wait for a promised summer
 Bunches of mums
 Blazing in a forgotten garden
 Wait for their colors to be extinguished
 Green-gold vines
 Laden with sweet juicy grapes
 Wait to be picked bare
 Raspberry bushes
 Rambling and thorny
 Wait for a fresh dew
 A bird house
 Cheery and red but empty
 Waits for a family of sparrows
 A child
 Lost, neglected and abused
 Waits in this garden for someone to notice.
 —Pamela, 15

Years of My Life

I dreamt...
 I was a baby,
 Sitting in a playpen,
 Playing with a rattle....cute
 I dreamt...
 I was a six-year-old,
 Going into school,
 Jumping up and down...excited
 I dreamt...
 I was sixteen,
 Sitting in a car,
 Driving all around... speeding
 I dreamt...
 I was a college student,
 Sitting at a desk,
 Learning physics... hopelessly
 I dreamt...
 I was a mother,
 Standing at a curb,
 Sending my children to school... anxiously.
 I dreamt...
 I was a grandma,
 Sitting in a chair,
 Going through my memories... happily.
 I dreamt...
 I was ninety years old,
 Lying in a hospital bed,
 Breathing as I failed away.
 —Jennifer

My Gift

Exhibit D-2

I would write your name with raindrops
Spell it out with flowers
Play a beat with crickets' feet
Whispering winds
And fluttering wings
The meadows' grass would sway
The stream would tickle the stones
The ocean tides would move in and out
It's you they would think about.
Spider webs would gleam
Blue skies would be bright
The dark would settle in
Each and every night.
The sun would rise to wake you
The birds would call your name
May nature be my gift to you
I love you just the same.
The grass, so plush under your feet
The trees would give you shade
And the clouds would sing you lullabies
So you'd dream of happy days.
May the sun's warmth never end
May the stars be bright and clear
May nature be my gift to you,
The one I love so dear.
—Allison

Oh God, why?

Oh God, why?
Why do good friends have to die?
Leaving their family and friends
For a world that never ends.
It's not fair and it's not right.
Oh God, why that night?
I never knew life could end so fast.
Her dreams would never last.
Now all we can remember is her past.
I need an answer, God, why?!
Maybe life isn't what it seems
Because maybe not all friends get their dreams.
—Lizzie, for her friend who died.

Back In Reality

I stood at the top of the mountain and prepared myself for the
plunge. I looked down at the water so faraway and counted down...
3...
2...
1...
and I jumped.
Body straight, toes pointed and I hit.
My body slipped into the cool water and I felt free...
My body was left behind as if nothing could ever hurt me again,
No more pain
No more sorrow.
I could feel the rush of the water around me, enclosing around my

body.

I started to come up when I realized I could no longer breath.

I struggled to reach the top.

My arms felt the air, then my head.

I breathed deep as I swam to the hot sand awaiting me. As I pulled myself to land, I felt the rough surface of the rocks and sand under my feet and I realized...

I was back in reality.

—Olivia, 14

Exhibit D-4

EXHIBIT E

Girls' Life

NAUTICA
Smart Girl
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Coming To A Mall Near You:
Music, Fashion, Fun and More!

Girls Life Online - August

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You Wrote It!

Here are some of the best poems sent to us by our readers. Want your short story, poem or essay to be considered? Send it to webmaster@girlslife.com. We'll be posting new works every month. Write on!

Best Friends

I can count on you,
In times of despair.
You listen to me,
When I have secrets to share.
You talk to me,
With a heart full of love.
You're an angel to me,
From heaven up above.
Whenever I'm afraid,
And have nowhere to go,
You hold me in your arms,
And say you love me so.
In times of love and joy,
In times of hate and sorrow,
You'll comfort me today,
You'll comfort me tomorrow.
Whatever happens in the future, whatever happens in the end,
You will always be,
My very best, best friend.

By: Colleen, 12

Just a Memory

As I look around at all my friends,
I see something I didn't see before.
As I realize I might never see them again,
I begin to wonder more and more.

What if I never see them again?
What if we don't keep in touch?
I never thought of these before,
But now I think of so much.

Exhibit E-1

Tears fill my eyes,
And I see I'm not the only one.
I'll remember the secrets,
The crushes and all the fun!

Even the guys look a little teary-eyed,
But they're too tough to cry.
I see the girls sticking around after the bell,
Not wanting to leave, to say good-bye.

We sign each other's yearbooks,
Promising to write and call.
Deep in our hearts, we all know,
That we'll forget, we'll slip and fall.

Soon the tissues are all gone
And parents are starting to complain
We grab our things, holding back tears,
And take one last look around in vain.

We quickly head home,
To call and write,
To flip through photos,
Deep into night.

We try so hard to remember,
But soon our memories become old news.
The names and faces slowly fade,
Becoming new and improved.

By: Chrisitne, 12

Kite

I soar through the air,
The breeze at my wings,

I carry nothing,
Only a few microscopic things,

I need no engine,
Just the wind to guide me through the sky,

To make me the fastest,
And let me pass the others, right by,

I am a colorful gem flowing steady,
The wind will tell you when I'm ready

Exhibit E-2

Nothing can get in my path,
Except for those troublesome trees

My wings hate things too heavy,
Especially those leaves

My strings will become tangled,
In a mess of knots

You won't be able to save me,
So I'll be there until the tree rots

Eventually I'll be rescued,
In a tornado for it's the only thing that can set me free

I'll be thrashed around in chaotic winds,
Not even so kind to let a little old flying thing be

My wings will be torn,
My string unsalvageable,

I'll lay on the ground,
The gentle wind the only thing cravable

But that's ok,
Because it happens to almost all of my kind

The wind takes advantage of us,
We end up in trees, and our owners leave us behind

Now we live through wild humans and winds,
Someday we'll be treated with more care

So the wind doesn't toss us out on the top of the trees,
Where we'll only tear.

By: Jamie, 12

Stolen Innocence

A young boy plays quietly inside,
On a pock-marked wooden floor
He sees only the world he creates.
His tiny hands bring life
To battling action figures
While outside
His innocent game is real.

Exhibit E-3

In an alley
A few blocks away
A bullet sinks, with ease,
Through the flesh of a child
Not much older than he
Behind his house, a gang meets
And trades guns,
As easily as if they were baseball cards.
Children,
Their innocence stolen.
Flash drugs like badges,
Pretend not to be afraid,
And their minds
Are torn apart as
They struggle to refuse
To become a part
Of all of this.
The boy will grow
And run in fear every day to school.
He will get a gold star on a picture he drew
With a crayon
As true as the graffiti
That coats the walls of the city.
He'll take the long way home
To avoid the violence that
Surrounds him everywhere.
He'll burst through the front door
And crash on the floor
His heart pounding
Like the beat of the blaring rap music
That wakes him up at night
Until he hears the screech of tires
And the sounds vanish.
Now he looks at the spot
Where he used to play
And wonders why it couldn't have always
Been the way it used to
When he didn't know,
And it was only plastic toys
That lay broken
At his feet.

By: Jess Limbacher

The Loon and the Moon

The water shined with the reflection of the moon,
And across it swam a calling loon.

Exhibit E-4

It let out a long and mournful cry,
As it tilted its head back to the dark, black, sky.

It cried again as I stepped outside,
To take a closer look at what I saw through my eyes.
I saw a second loon swimming near by,
And it too let out a sad-toned cry.

The two swam on now side by side,
Occasionally taking a dip or dive,
Away they swam around the bend,
Which brought this beautiful scent to an end.

Then the next year, late in June,
I saw them again, followed by eight young loon.
And I smiled, and waved as they swam away.
On that bright sunny June day.

And that night, I waited to see,
If they would again fascinate me.
And sure enough, as I gazed at the moon,
I heard the beautiful call of the loon.

By: Siobhan O'Malley and Becca Frank

To be a girl

A scientist, a doctor, a writer, a genius,
An athlete, a banker, an accountant
She is an achiever of wisdom, strength and power.
She is special in her own way.
Loud or quiet, rowdy or shy
No matter what she ends up like,
She has goals, dreams, & fears.
She has thoughts, options and choices.
It doesn't matter if she is rich or poor, pretty or plain.
She has the potential to be anything she chooses.
She is a girl.

By: Alee Pagnotti

Exhibit E-5

EXHIBIT F

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Welcome to Girls' Life Mail

Your One Stop Access for E-mail, Anytime, Anywhere!

Username:

Password:



Use Frames: Yes No

Why You Should Have Girls' Life Mail:

- Free email for life!
- Easy Access from any web browser in the world!
- Did we say FREE and EASY?

[FORGOT YOUR PASSWORD?](#)

[SIGN UP HERE for Free Web-Based Email](#)

Have Questions?

[CLICK HERE FOR ANSWERS](#)

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Exhibit F-1

Terms of Service

Before signing up for an account with **Girls' Life Mail**, you must review and accept the Terms and Conditions.

You must be at least **13** years old to join this program.

[View the Terms and Conditions](#)



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[Privacy Policy](#) | [Terms of Service](#)

Exhibit F-2

Signup Page for Girls' Life Mail

* = Field is
Required

Note: All this information can be modified from within your
mail account.

Login Information

* Username (Account Name): Minimum 2 characters. May contain letters, numbers, underscores, hyphens '-' and periods.

* Password: Minimum 6 characters. May contain any character except for the

* Re-Enter Password: TAB character.

The Password Reminder Question and Answer will enable you to retrieve your password in the event you forget it. Make sure you select a Question and Answer that only YOU know!

* Password Reminder Question: Minimum 10 characters.

* Password Reminder Answer: Minimum 5 characters. Must be different from Password.

Personal Information

* First Name: Your First and Last name will appear on all outgoing messages.

* Last Name:

* Alt. Email Address: We will use this account to disclose your password if it is lost. It is important you enter an accurate email address.

Notification: Yes No

If you select 'Yes', you will be notified of new e-mail at the alternative address you entered above.

If you are using ICQ (<http://www.icq.com/>) and would like to be notified via ICQ that you have mail, click here for instructions.

Demographic Information

City:

State:

Province:

If you do not live in the U.S., please enter the name of your province.

Country:

* Zip / Postal Code:

* Gender: Male Female

* Age:

You Must Be 13 Years Or Older To Signup For This Service

Occupation:

Interest Information

* Please indicate the topics which interest you by clicking on one or more boxes below.

Exhibit F-3

- Automotive
 - Business
 - Careers
 - Computer Hardware
 - Computer Programming
 - Electronics
 - Entertainment
 - Family
 - Games
 - Government
 - Health
 - Internet
 - Investing & Finance
 - Music
 - Science & Technology
 - Shopping
 - Sports & Recreation
 - Travel & Leisure
-

Email Rewards Program!

When you register today, Girls' Life Mail or its service provider, BigMailBox.com, may send you exciting special offers, discounts or other valuable offers related to the interest areas you noted above. It's all part of our exciting Email Rewards program and our way of saying thank you for choosing us as your email provider.



[Return to Top](#) [Return To The Login Page](#)

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Exhibit F-4

EXHIBIT G

Privacy Policy

At BigMailBox.com, Inc. (BigMailBox), we guard our customers' privacy. We enforce the following privacy policy to protect our customers and Webmasters:

Privacy of the Mailboxes

We consider our customers' mailboxes and the content of all messages to be private. We do not monitor or disclose email messages unless we believe we must do so (i) to enforce our Email Terms and Conditions, (ii) because we are required to do so by law, or (iii) to defend BigMailBox in any legal action or to protect the property of BIGMAILBOX. Additionally, our customers must agree to respect the privacy and confidentiality of others. Since privacy is, in part, a function of our customers' passwords, we encourage them to change their passwords frequently and to not share them with anyone.

What information do we collect from BigMailBox Webmasters

We only collect the information necessary to set up and service our Webmasters accounts. This may include:

- *Type of service*
- *Company name*
- *Administrator's name and title*
- *Alternative email address*
- *Mailing address*
- *Phone and fax numbers*
- *Domain name of choice*
- *Billing information*
- *Number/type of mailboxes needed.*

This information may be collected over the phone or online. In providing email services to customers indirectly (i.e. through a reseller, partner and/or BIGMAILBOX Webmail affiliates) we collect the end users' email addresses, first and last names, passwords and administrator or "postmaster" contact information as appropriate to service those customers.

BigMailBox Webmasters may also purchase "Special Delivery" premium services. If a Webmasters chooses to receive information or purchase premium services we may collect the additional following types of personal information and share only the necessary information with outside parties in order to fulfill our customers' requests:

- *Phone number*
- *Credit/debit card information*
- *Billing information*

BigMailBox Customer Protection

We collect the following information through our online registration process:

- *First name*
- *Last name*
- *Alt. Email address*
- *Address, city, state, zip and country*
- *Gender*
- *Age*
- *Occupation*

BigMailBox customers can also choose to register to receive information from BIGMAILBOX and/or other companies, as well as advertising or promotional offers. Upon registering for a BigMailBox account, customers may automatically receive special offers from certain third parties unless they alter their settings from the options folder within their BigMailBox account. In cases where a customer opts to receive services from third parties associated with us or otherwise indicates their willingness to receive unsolicited advertising, we may disclose individual registration data as appropriate in order to fulfill our customers' requests. Please note, third party service providers have individual policies towards the privacy of customer information which may differ from ours.

Children's Privacy

Protecting the privacy of children is very important to us. For that reason we do not structure any part of our consumer services to attract anyone under the age of 13. We require anyone under the age of 13 to obtain their parent's or legal guardian's consent before allowing them to register for a BigMailBox account.

Updating Information

BigMailBox customers can access and modify their personally identifiable information or mailing list preferences online in the options folder of their BigMailBox email box. BigMailBox Webmasters can modify their information by contacting our customer support department.

Contact BIGMAILBOX

Should you have other questions or concerns about this privacy policy, please call us at 800-468-8915 or 213-596-0033 or send us an email. BigMailBox customer support can be reached by [clicking here](#).

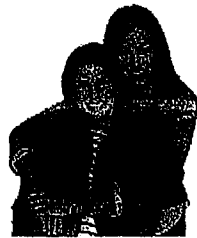
Close Window

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EXHIBIT H

Girls' Life

- Subscribe!
- Free Email
- E-Girl
- Help Boards
- GL Mag Center
- GL Online
- Contests



Welcome!

You've just reached the perfect site for girls. Have a blast learning about our site and our magazine.

- > [Learn all about the new site!](#)
- > [Learn all about Girls' Life magazine!](#)
- > [Check out the Girls' Life Guide to Growing Up!](#)

GL Online



It's the original on-line magazine with all the great **Girls' Life** features you know and love. Get great Girls' Life advice on friends, family, guys, fashion and beauty. And don't miss our special Charlie's Angels coverage! Read our **movie and CD review**, take our Inner **Angel Quiz** and read Karen's ode to the Angels!

GL Guide to Growing Up



Check out our new book, **Girls' Life Guide to Growing Up**, which offers honest solutions to some real-life problems,

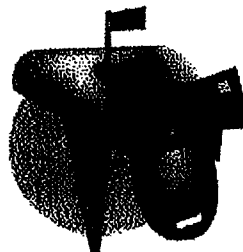
for a new look at you and a guide for navigating gossip-filled cafeteria of friends, foes and crushes.

GL Mag Center



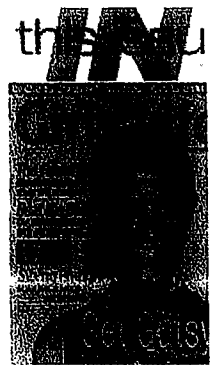
In **GL Mag Center**, you can: Subscribe, renew, change your address, order back issues or find out where to buy Girls' Life.

E-Girl



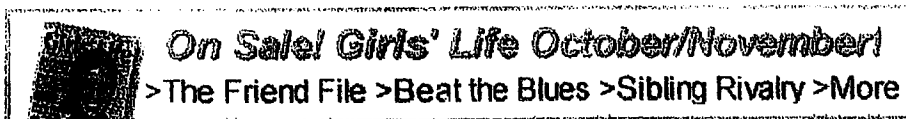
On **E-Girl**, look for advice on our messageboards, find new friends through our

CyberPal and Pen Pal programs or send your BFF an e-postcard.



[Advertise](#)—[LINKS](#)—[Privacy Policy](#)—[Contact us](#)

Exhibit H-1

Girls' Life**HOME****Subscribe!****Free Email****E-Girl****Help Boards****GL Mag Center****GL Online****Contests**

[Message Boards](#) | [Cyberpals Club](#) | [Pen Pals](#) | [Readers' Pages](#) | [Postcards](#)

The Girls' Life Message Boards

Check out the new and improved Girls' Life Message Boards—the advice you need could be just a click away.

CATEGORIES

[Girl Stuff : Body, Beauty, Other Girl Stuff](#)

[Boys](#)

[Friends](#)

[Family](#)

These girl-friendly boards should be safe, fun and informative for those giving and getting advice. That's why they're monitored.

We do have a couple simple RULES:

1. Your message will NOT be posted if it includes profanity, insults, general chatting or advertising.
2. Include a clear title so everyone knows what your message is about. If you just put "Help," in the subject, your message will NOT be posted. So, use 2 or 3 words to let others know exactly what you need help with. For example, if you need answers on how to buy your first bra, don't just say "Help me!!!" Instead, say "Need advice on how to buy a bra." Trust us, you'll get more help!
3. Do NOT put "Please Post" on your message. It will NOT be posted if you do.
4. We're very specific about what belongs on each message board. It's really easy: If you need advice about boys, go to the "Boys" board. Messages will only be posted on the appropriate boards. Please read the suggested topics on each board.

Follow these guidelines and your message WILL be posted. It's that simple.

If you or a friend is dealing with a serious issue like abuse or severe depression, immediately refer to the RESOURCES we've provided.

There are certain topics girls are awesome at dishing out advice on—please use these boards to do so. Under each board we have recommended great topics of discussion.

Exhibit H-2

There are certain topics (like divorce, eating disorders and alcoholism) that girls are great at sharing advice on. But, these issues should also be addressed with a professional: A trusted parent, relative, psychologist, school counselor or a helpful ear at a hotline. Feel free to use the boards and one of the hotlines we've listed.

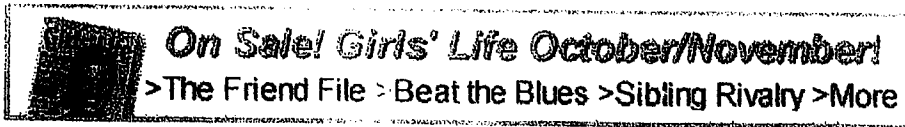
There are certain topics that belong to trained experts. There are professionals who can help you and your friends in serious situations—use them! See our RESOURCES below.

Oh, and if you keep up your end of the bargain, we promise the boards will be updated every three days (at least!) Any message board problems? Just e-mail us at boardmonitor@girlslife.com

Thanks a bunch!

Exhibit H-3

Girls' Life



- HOME
- Subscribe!
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- Help Boards
- GL Mag Center
- GL Online
- Contests



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The Girls' Life Message Boards: Girl Stuff

Enter the Message Boards for Body, Beauty, of Other Girl Stuff

Welcome to the NEW Girl Stuff board!

Need advice on getting your first bra? Wondering about your period? Need some tips on asking mom if you can shave? Questions about cramps and mood swings? Visit the BODY board.

Need some new hairstyles for the week-end? Curious about how to apply mascara? Worried about a blemish break-out? Go to the BEAUTY board.

For all other girl-related topics go to the OTHER GIRL STUFF board. Freaked about pressure to start smoking? Think your self-esteem could use a lift? Confused about eating disorders? We think you guys can really help each other. For issues like anorexia, bulimia and depression we think you can give out some helpful advice. But, please use the RESOURCES below, too!

We will NOT post any messages that discuss pregnancy, abortion, sexual assault, STD's, or suicide because you need immediate help. You'll get the best support and advice from adult professionals. If you can't talk with a school counselor or parent, don't be scared to call on these listed resources for help. These numbers will not show up on your parent's phone bill, and 800 numbers are always free. Please get help when you need it!

Resources

For advice or information about Eating Disorders:

The American Anorexia/Bulimia Association:
 165 W. 46th Street #1108
 New York, NY 10036
 212-575-6200

Eating Disorders Information and Referrals: <http://www.edap.org> or call 1-800-931-2237

Anorexia.org at <http://www.anorexia.org/services>

Eating Disorders Website at <http://www.angelfire.com/bc/peacelovehope/>

Exhibit H-4

Books

Bulimia Nervosa: The Secret Cycle of Binging and Purging by Liza N. Burby (Rosen Publishing, 1998)

Anorexia Nervosa: When Food is the Enemy by Erica Smith (Hazelden Educational Materials, 1999).

If you or a friend is Depressed or Suicidal:

Look in your local phone book for local suicide hotlines. Look under Crisis, Counseling, Mental Health or Suicide. Call your doctor, go to an emergency room or call 911.

Covenant House: <http://www.covenanthouse.org>

Suicide Help Page: <http://mailhost.infi.net/~susanf/suihelp.htm>

Kid Save: 1-800-543-7283 (24 hours/day)

National Youth Crisis Hotline: 1-800-999-9999 (24 hours/day)

National Runaway Hotline: 1-800-231-6946

Books:

Depression by Cathie Cush (Raintree Steck-Vaughn Publishers, 1993)

You Mean I Don't Have to Feel this Way? By Colette Dowling (Bantam Books)

If you or a friend may be addicted to Drugs or Alcohol:

Alcoholics Anonymous (AA): <http://www.aa.org>

Alcohol/Drug Abuse Referral Hotline: 1-800-ALCOHOL/800-252-6465

Narcotics Anonymous (NA): <http://www.na.org>

If you or a friend have been Sexually Assaulted:

The Rape, Abuse and Incest National Network: (24 hours/day)
635-B Pennsylvania Avenue, SE
Washington, DC 20003
1-800-656-HOPE
<http://www.rainn.org>

If you or a friend might be Pregnant:

Exhibit H-5

Planned Parenthood Federation of America (There are local chapters in every area, check your yellow pages)

www.plannedparenthood.org

1-800-230-PLAN

Reproductive Rights Network: <http://repro-activist.org/needab.htm>

Questions about Sex?

All About Sex: <http://allaboutsex.org>

Resources Page - All our Resources on Girl Stuff, Boys, Friends, Family

Exhibit H-6

the message board

--Find Related Message Boards-- GO!

all magazines las vegas

bid eBay

School's Starting! | Computer Games | Get Free Homework Help | Halloween Ideas | Leads For Your Products

Girls' Life Magazine Body Message Board

To post a new message, click

Jump to board:

Click here to reload this board

mb

Welcome to the Girls' Life Message Board for Body! This board is for topics all about girls' bodies and health. Please use respect when posting your messages. The normal rules apply-- no profanity, insults, advertising or general chatting.

Prev Page 51 Next Page
50 threads per page

Now viewing page 1 of 9 (30-Aug-00 13:00:06 to 24-Jul-00 11:19:44)

tampon probs (30-Aug-00 13:00:06)

Re: tampon probs (31-Aug-00 15:11:07)

mc: Phisycals (30-Aug-00 12:26:53)

Rachel12: Re: Phisycals (31-Aug-00 18:21:29)

~Omo~: Re: Phisycals (31-Aug-00 18:52:59)

Freaked Out: WHEN????????????? (29-Aug-00 19:47:10)

TiMberlAKeAnGel: Re: WHEN?????? (30-Aug-00 12:06:33)

BoomBoomBaby: Re: WHEN???????????? (30-Aug-00 15:04:00)

desire_d: Re: WHEN???????????? (30-Aug-00 15:56:55)

Re: WHEN???????????? (30-Aug-00 16:29:41)

QT PIE: Re: WHEN???????????? (30-Aug-00 20:17:14)

Bri: Re: WHEN??? (30-Aug-00 22:17:59)

Sweets: Re: WHEN???????????? (31-Aug-00 11:11:45)

chica: tell me what you guys think (29-Aug-00 19:04:51)

Valorie: Re: tell me what you guys think (30-Aug-00 15:01:42)

Bri : Re: tell me what you guys think (30-Aug-00 22:19:28)

Exhibit H-7

Mayree: **Periods+PoolParty=No Fun!!!!!!** (28-Aug-00 00:29:53)

~Omo~: Re: Periods+PoolParty=No Fun!!!!!! (28-Aug-00 18:45:57)

Re: Periods+PoolParty=No Fun!!!!!! (28-Aug-00 20:53:37)

kelley: Re: Periods+PoolParty=No Fun!!!!!! (29-Aug-00 18:28:18)

Re: Periods+PoolParty=No Fun!!!!!! (29-Aug-00 20:20:03)

gEm: Re: Periods+PoolParty=No Fun!!!!!! (29-Aug-00 20:29:20)

Jessica: Re: Periods+PoolParty=No Fun!!!!!! (30-Aug-00 06:25:50)

VALORIE: Re: Periods+PoolParty=No Fun!!!!!! (30-Aug-00 15:07:22)

Pixi*: Re: Periods+PoolParty=No Fun!!!!!! (30-Aug-00 18:40:51)

desire_d: **2 all girls on here who are upset about boob size** (27-Aug-00 22:41:27)

Sarah: Re: 2 all girls on here who are upset about boob size (29-Aug-00 12:19:22)

desire_d: Re: 2 all girls on here who are upset about boob size (30-Aug-00 15:53:25)

Pixi*: Re: 2 all girls on here who are upset about boob size (30-Aug-00 18:43:47)

I have acne and I am only 11 (27-Aug-00 21:04:21)

bebechica123: Re: I have acne and I am only 11 (28-Aug-00 17:46:45)

~Omo~: Re: I have acne and I am only 11 (28-Aug-00 18:42:39)

(:0): Re: I have acne and I am only 11 (28-Aug-00 19:35:29)

Amber: Re: I have acne and I am only 11 (28-Aug-00 20:03:25)

Re: I have acne and I am only 11 (29-Aug-00 20:21:28)

Jessica: Re: I have acne and I am only 11 (30-Aug-00 06:29:03)

Pretty gurl 2001: Re: I have acne and I am only 11 (30-Aug-00 16:48:43)

Pixi*: Re: I have acne and I am only 11 (30-Aug-00 18:46:15)

Jaime: Re: I have acne and I am only 11 (31-Aug-00 14:56:03)

lauren: **How do ya put em in?** (27-Aug-00 18:31:10)

Jennifer :): Re: How do ya put em in? (28-Aug-00 15:09:57)

lyn: Re: How do ya put em in? (29-Aug-00 10:54:46)

Re: How do ya put em in? (29-Aug-00 14:28:55)

Re: How do ya put em in? (29-Aug-00 20:03:54)

Re: Re: How do ya put em in? (30-Aug-00 22:06:07)

Pixi*: Re: How do ya put em in? (30-Aug-00 18:48:28)

(No subject) (27-Aug-00 18:26:50)

Summer*: Re: (28-Aug-00 20:51:20)

Pixi*: Don't sweat it! (30-Aug-00 18:51:13)

Hey I'm new.... (27-Aug-00 14:03:47)

Lauren: Re: Hey I'm new.... (29-Aug-00 22:16:29)

Jessica: Re: Hey I'm new.... (30-Aug-00 06:32:39)

Emma: **Super Tampons!** (27-Aug-00 13:44:17)

Exhibit H-8

Bri : Re: Super Tampons! (29-Aug-00 00:18:51)
lyn: Re: Super Tampons! (29-Aug-00 10:57:45)
Pixi*: Re: Super Tampons! (30-Aug-00 18:54:17)
Re: Re: Super Tampons! (31-Aug-00 21:15:24)

chica: **Zits? come here!** (27-Aug-00 11:54:54)

seagoddess@girlslife.com: **Problem "down there"** (27-Aug-00 11:21:47)

moo101@home.com: Re: Problem "down there" (30-Aug-00 14:25:59)
Pixi*: Re: Problem "down there" (30-Aug-00 18:56:23)
Princess Zelda: Re: Problem "down there" (30-Aug-00 19:41:06)

hottie00*: **Physical?** (27-Aug-00 05:18:39)

Daisy: Re: Physical? (28-Aug-00 15:03:04)
~Omo~: Re: Physical? (28-Aug-00 18:35:30)
Re: Physical? (29-Aug-00 01:53:07)
Eve: Re: Physical? (29-Aug-00 08:23:38)
advicegrl: Re: Physical? (29-Aug-00 19:29:28)
Jessica: Re: Physical? (30-Aug-00 06:37:38)
Pixi*: Re: Physical? (30-Aug-00 19:00:52)

Ashley: **Need Help With Tanning** (26-Aug-00 22:14:55)

Daisy: Re: Need Help With Tanning (28-Aug-00 15:04:49)
(:0): Re: Need Help With Tanning (28-Aug-00 19:42:30)
Summer*: Re: Need Help With Tanning (28-Aug-00 20:45:21)
aurora: Re: Need Help With Tanning (29-Aug-00 11:17:54)
Re: Need Help With Tanning (29-Aug-00 17:54:46)
Srah: Re: Need Help With Tanning (29-Aug-00 18:33:18)
Re: Need Help With Tanning (29-Aug-00 20:07:04)

Linky: **Period QuEsTiOn** (26-Aug-00 17:06:15)

(:0): Re: Period QuEsTiOn (28-Aug-00 20:10:07)
Bri : Re: Period QuEsTiOn (29-Aug-00 00:21:02)
glitterBaby: Re: Period QuEsTiOn (29-Aug-00 14:28:37)
Re: Period QuEsTiOn (29-Aug-00 14:48:17)
kelley: Re: Period QuEsTiOn (29-Aug-00 18:31:53)
Chicka: Re: Period QuEsTiOn (29-Aug-00 18:54:33)
Pixi*: Re: Period QuEsTiOn (30-Aug-00 19:04:18)

beachbunny2000: **What is it?** (26-Aug-00 16:34:24)

bubblegumgrl: Re: What is it? (29-Aug-00 19:01:12)
Pixi*: Re: What is it? (30-Aug-00 19:07:06)

Skipping a month (26-Aug-00 16:31:13)

Exhibit H-9

Jennifer :) : Re: Skipping a month (28-Aug-00 15:17:05)
 (:0): Re: Skipping a month (28-Aug-00 20:10:46)
 Re: Skipping a month (28-Aug-00 20:39:37)
 Bri : Re: Skipping a month (29-Aug-00 00:22:41)
 Re: Skipping a month (29-Aug-00 01:55:56)
 Re: Skipping a month (29-Aug-00 20:09:02)
 Pixi*: Re: Skipping a month (30-Aug-00 19:08:37)

flatt: do they quit? (26-Aug-00 15:59:34)

~Omo~: Re: do they quit? (28-Aug-00 18:30:45)
 Cammie: Re: do they quit? (29-Aug-00 08:27:16)
 ~Laiera~: Re: do they quit? (29-Aug-00 20:22:24)
 Jessica: Re: do they quit? (30-Aug-00 06:39:19)
 Re: do they quit? (30-Aug-00 19:09:06)

Bikini Line irritation bumps (26-Aug-00 14:59:58)

Jelisa: Best bras? (26-Aug-00 14:49:53)

ersocccergirl11@hotmail.com: Re: Best bras? (28-Aug-00 14:40:18)
 Jennifer :) : Re: Best bras? (28-Aug-00 15:13:58)
 jocko: Re: Best bras? (28-Aug-00 15:22:47)
 aurora: Re: Best bras? (29-Aug-00 11:14:28)
 Pixi*: Re: Best bras? (30-Aug-00 19:10:38)

SUGAR N* SPICE: Do they make fun of u? (23-Aug-00 19:51:58)

Re: Do they make fun of u? (26-Aug-00 14:18:25)
 Re: Do they make fun of u? (26-Aug-00 18:42:00)
 Timberlake Girl: Re: Do they make fun of u? (26-Aug-00 19:02:46)
 #1dancer: Re: Re: Do they make fun of u? (30-Aug-00 14:31:31)
 GuRI who NEVER gets posted: Re: Do they make fun of u? (27-Aug-00 00:28:53)
 aerochick_69: It Depends (27-Aug-00 00:56:09)
 Anna: Re: Do they make fun of u? (27-Aug-00 08:17:24)
 Re: Do they make fun of u? (27-Aug-00 10:30:21)
 elise: Re: Do they make fun of u? (27-Aug-00 14:16:01)
 Chastity: Re: Do they make fun of u? (27-Aug-00 15:07:37)
 Jenn: Re: Do they make fun of u? (27-Aug-00 15:15:58)
 Sunny: Re: Do they make fun of u? (27-Aug-00 18:38:58)
 Re: Do they make fun of u? (27-Aug-00 19:52:02)
 Re: Do they make fun of u? (27-Aug-00 20:06:53)
 Little Helper: Re: Do they make fun of u? (27-Aug-00 21:05:19)
 Nicole: Re: Do they make fun of u? (28-Aug-00 00:55:00)
 Krissi: Re: Do they make fun of u? (28-Aug-00 09:30:46)
 rebecca: Re: Do they make fun of u? (29-Aug-00 21:42:47)

SUGAR N* SPICE: Am I going to? (23-Aug-00 19:48:02)

Exhibit H-10

Angel: Re: Do you NEED a Physical? (26-Aug-00 14:56:21)
Re: Do you NEED a Physical? (26-Aug-00 20:02:44)
Re: Do you NEED a Physical? (27-Aug-00 08:36:46)
Re: Do you NEED a Physical? (27-Aug-00 10:27:02)
Shopping_babe: Re: Do you NEED a Physical? (27-Aug-00 11:30:30)
Chrystie: Re: Do you NEED a Physical? (27-Aug-00 13:51:55)
Re: Do you NEED a Physical? (27-Aug-00 18:02:46)
Sunny: Re: Do you NEED a Physical? (27-Aug-00 18:48:16)
worried_gurl: I don't want to get one!!! (27-Aug-00 22:13:01)
Re: Do you NEED a Physical? (29-Aug-00 16:53:41)
rebecca: Re: Do you NEED a Physical? (29-Aug-00 21:47:35)

how do i do this? (23-Aug-00 17:20:54)

Re: how do i do this? (27-Aug-00 08:38:19)
tprine88@hotmail.com: Re: how do i do this? (27-Aug-00 11:33:06)
elise: Re: how do i do this? (27-Aug-00 14:22:49)
Re: how do i do this? (27-Aug-00 18:05:31)
Sunny: Re: how do i do this? (27-Aug-00 18:49:33)
Sweetie777: Re: how do i do this? (27-Aug-00 22:40:41)
ballerina: Re: how do i do this? (28-Aug-00 07:46:43)

HairyLegz: Leg Shaving??? (23-Aug-00 17:04:40)

beachbunny2000: Re: Leg Shaving?? (26-Aug-00 16:19:02)
grover_12345@hotmail.com: Re: Leg Shaving?? (26-Aug-00 17:19:42)
grover_12345@hotmail.com: Re: Leg Shaving?? (26-Aug-00 17:21:20)
Sara: Re: Leg Shaving?? (26-Aug-00 19:07:25)
laura: Re: Leg Shaving?? (27-Aug-00 15:45:41)
Re: Leg Shaving?? (27-Aug-00 21:08:16)
Michelle: Re: Leg Shaving?? (27-Aug-00 23:02:41)
Princess: Re: Leg Shaving?? (29-Aug-00 14:52:17)

Kaley: In need of advice... (23-Aug-00 16:46:08)

Sarah: I'm sick of it! (23-Aug-00 16:36:38)

preppygirl: Re: I'm sick of it! (27-Aug-00 20:47:58)
desire_d: Re: I'm sick of it! (27-Aug-00 22:15:50)
Re: Re: I'm sick of it! (28-Aug-00 19:01:11)

nixie: are you sure (23-Aug-00 15:57:06)

Re: are you sure (27-Aug-00 08:40:50)
Re: Re: are you sure (29-Aug-00 02:01:25)
Princess: Re: are you sure (29-Aug-00 14:55:36)
heather: Re: are you sure (30-Aug-00 22:18:50)

leaks!!!!!! (23-Aug-00 15:49:50)

Exhibit H-11

Anna: Re: leaks!!!!!! (27-Aug-00 08:43:17)

flobber worm: what they call a period , or this thing ----->.<----- (23-Aug-00 15:41:04)

Timberlake Girl: Re: what they call a period , or this thing ----->.<----- (26-Aug-00 19:14:56)

Re: what they call a period , or this thing ----->.<----- (27-Aug-00 11:12:25)

Britney: Re: what they call a period , or this thing ----->.<----- (27-Aug-00 14:08:02)

lyn: Re: Re: what they call a period , or this thing ----->.<----- (29-Aug-00 11:29:56)

katie: Periods at school... (23-Aug-00 15:31:38)

Timberlake Girl: Re: Periods at school... (26-Aug-00 19:18:53)

Re: Periods at school... (27-Aug-00 08:47:03)

Gurl88: I majorly screwed up (23-Aug-00 15:18:39)

(:0): Re: I majorly screwed up (26-Aug-00 20:24:18)

Re: I majorly screwed up (26-Aug-00 21:32:35)

aNNA: Re: I majorly screwed up (27-Aug-00 08:49:03)

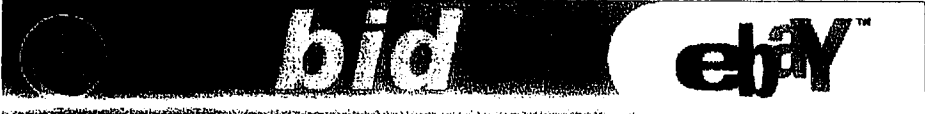
cinnimin11: Re: I majorly screwed up (27-Aug-00 14:45:37)

Jennifer: Re: I majorly screwed up (27-Aug-00 16:10:09)

Princess: Re: I majorly screwed up (29-Aug-00 14:58:45)

Eye Goober things (23-Aug-00 15:17:23)

Re: Eye Goober things (27-Aug-00 15:24:16)



Post a new message:

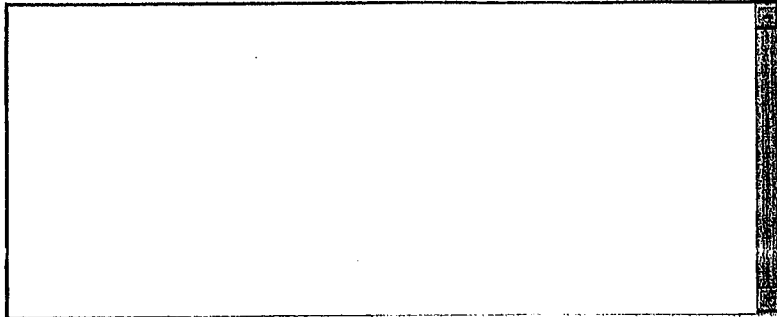
Message subject:

Name: (optional)

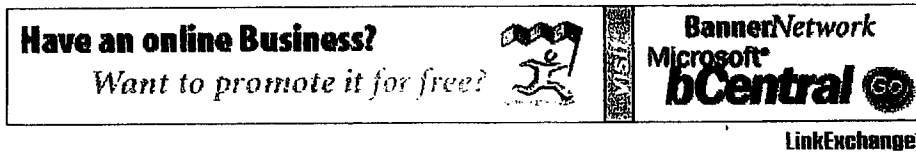
Email address: (optional)

Type your message here:

Exhibit H-12



Messages posted to this board are moderated.



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Exhibit H-13

EXHIBIT I

Inside the **message board**

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Girls' Life Magazine Body Message Board

boobs or THE ROCKIES

Monday, 14-Aug-2000 22:04:25

my boobs are TOO big. I am 12 and I wear a 36C!!! It's all guys stare at. Even MUCH MUCH MUCH older guys stare. What can I do?

paprika2005@yahoo.com

Message thread:

paprika2005@yahoo.com: **boobs or THE ROCKIES** (14-Aug-2000 22:04:25)

- Morgan: Re: boobs or THE ROCKIES (15-Aug-2000 16:05:02)
- mmmmmmmmmeeeeeeeeee: Re: boobs or THE ROCKIES (15-Aug-2000 19:13:32)
- me: Re: boobs or THE ROCKIES (15-Aug-2000 20:03:41)
- Re: boobs or THE ROCKIES (15-Aug-2000 20:10:26)
- Re: boobs or THE ROCKIES (15-Aug-2000 22:31:18)
- Re: boobs or THE ROCKIES (16-Aug-2000 09:38:39)
- TINA: Re: Re: boobs or THE ROCKIES (16-Aug-2000 13:15:11)
- Ashley or Pooh: Re: Re: boobs or THE ROCKIES (16-Aug-2000 14:19:54)

[Back to main board](#)

FOR GOVERNMENT AND LOVE'S SAKE

[CLICK HERE](#)

Message subject:





Exhibit I-1

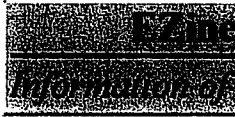
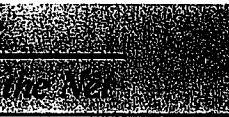
Name: (optional)

Email address: (optional)

Type your message here:

Please note:
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Information of the Net

LinkExchange

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Exhibit I-2

the **message board**

Get your own

--Find Related Message Boards--

GO!

Search
all magazines for
MP3

Click Here ...

CLICK HERE

School's Starting! | Computer Games | Get Homework Help - Fast and Free! | Are you Smart? | Business Research

Girls' Life Magazine Body Message Board

Fatty 2x4

Wednesday, 16-Aug-2000 10:56:05

I'm going into the 7th grade and I had anorexia last year and I weighed 100lbs and was 5'2 and now I weigh 109 and still am 5'2 and I feel SO fat! Some days I go without eating so I can get back down there, but nothing's helping! I don't know what to do and everyone's getting on my case about not having a relapse, but that's not what's happening, I swear! I just want to be thin again and get back to a size 3. Now I wear a size 5 and I feel bad about myself for going up a size. Do you guys think I'm fat or having a relapse? Thanks to all of you who answer. You can either e-mail me or post here. Thanks again!

msperfect2000a@aol.com

msperfect2000a@aol.com

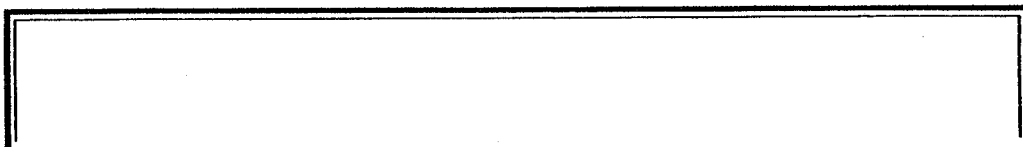
Message thread:

msperfect2000a@aol.com: **Fatty 2x4** (16-Aug-2000 10:56:05)

- Ashley: Re: Fatty 2x4 (16-Aug-2000 13:03:21)
- Stargrl: Re: Fatty 2x4 (16-Aug-2000 14:51:11)
- Re: Fatty 2x4 (16-Aug-2000 15:15:57)
- Smart Advice: Re: Way to thinny2x4 (16-Aug-2000 15:54:27)
- advicegrl: Re: Fatty 2x4 (16-Aug-2000 16:58:45)
- amanda: Re: Fatty 2x4 (16-Aug-2000 17:57:31)
- Re: Fatty 2x4 (16-Aug-2000 22:03:41)
- Re: Fatty 2x4 (17-Aug-2000 01:24:26)

[Back to main board](#)

Exhibit I-3



[CLICK HERE](#)

Message subject:

Name: (optional)

Email address: (optional)

Type your message here:

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Build a FREE
online store **looksmartshops**

Accept credit
cards online **Buy It!**

secure & anonymous
web surfing

[LinkExchange](#)

[Back to main board](#)

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Exhibit I-4

[CLICK HERE](#)
 School's Starting! | Computer Games | Get Homework Help - Fast and Free! | Are you Smart? | Business Research

Girls' Life Magazine Body Message Board

Re: Fatty 2x4

Wednesday, 16-Aug-2000 14:51:11

i am 12 almost 13 now and am 5 ft 2 and am like almost 100lbs, i am not fat, but not aneroxix either, i can wear sizes 1-3 depending on the brand, u r not fat either! muscle also ways more than fat,so if i didn't have my huge muscles i would belike 70lbs.

Stargrl

Message thread:

msperfect2000a@aol.com: Fatty 2x4 (16-Aug-2000 10:56:05)

- Ashley: Re: Fatty 2x4 (16-Aug-2000 13:03:21)
- Stargrl: **Re: Fatty 2x4** (16-Aug-2000 14:51:11)
- Re: Fatty 2x4 (16-Aug-2000 15:15:57)
- Smart Advice: Re: Way to thinny2x4 (16-Aug-2000 15:54:27)
- advicegrl: Re: Fatty 2x4 (16-Aug-2000 16:58:45)
- amanda: Re: Fatty 2x4 (16-Aug-2000 17:57:31)
- Re: Fatty 2x4 (16-Aug-2000 22:03:41)
- Re: Fatty 2x4 (17-Aug-2000 01:24:26)

[Back to main board](#)

Message subject:



Exhibit I-5

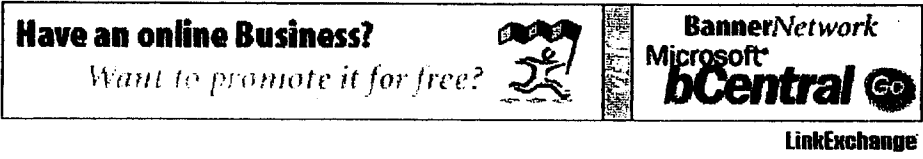
Name: (optional)

Email address: (optional)

Type your message here:

Please note:
This is a moderated list. All messages are reviewed before posting.


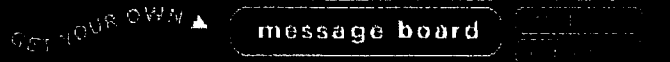

 




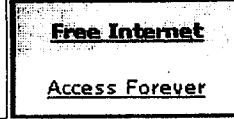
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Exhibit I-6

[--Find Related Message Boards--](#)




CLICK HERE

School's Starting! | Computer Games | Get Homework Help - Fast and Free! | Are you Smart? | Business Research

Girls' Life Magazine Body Message Board

Re: Re: boobs or THE ROCKIES

Wednesday, 16-Aug-2000 13:15:11

I WISH I WERE yOu!!!!!!!!!!!!!!!!!!!!IM SOOOO FLAT
AND IM 12 TOO

TINA

Message thread:

paprika2005@yahoo.com: boobs or THE ROCKIES (14-Aug-2000 22:04:25)

Morgan: Re: boobs or THE ROCKIES (15-Aug-2000 16:05:02)

mmmmmmmmmeeeeeeee: Re: boobs or THE ROCKIES (15-Aug-2000 19:13:32)

me: Re: boobs or THE ROCKIES (15-Aug-2000 20:03:41)

Re: boobs or THE ROCKIES (15-Aug-2000 20:10:26)


Re: boobs or THE ROCKIES (15-Aug-2000 22:31:18)

Re: boobs or THE ROCKIES (16-Aug-2000 09:38:39)

TINA: Re: Re: boobs or THE ROCKIES (16-Aug-2000 13:15:11)

Ashley or Pooh: Re: Re: boobs or THE ROCKIES (16-Aug-2000 14:19:54)

[Back to main board](#)



CLICK HERE

Message subject:

Re: Re: Re: boobs or THE ROCKIES

Exhibit I-7

Name: (optional)

Email address: (optional)

Type your message here:

Please note:

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---	---	---	--	---



The page cannot be displayed

There is a problem with the page you are trying to reach and it cannot

LinkExchange

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Exhibit I-8

message board

Search
all magazines
games

--Find Related Message Boards--

School's Starting! | Computer Games | Get Homework Help - Fast and Free! | Are you Smart? | Business Research

Girls' Life Magazine Body Message Board

Re: Normal Gurl???

Wednesday, 16-Aug-2000 14:46:12

u r normal, i am 12 too, 5 ft 2 inches, around 100lbs, and i am like 32/34 in bra sizes.
if u or anyone needs advice ir anything, e-mail me, i will get back to u asap.

Stargrl

Message thread:

- Mina: Normal Gurl??? (16-Aug-2000 11:46:40)
- Jess: Re: Normal Gurl??? (16-Aug-2000 13:41:15)
- Ashley: Re: Normal Gurl??? (16-Aug-2000 13:54:45)
- Timberlake Girl: Re: Normal Gurl??? (16-Aug-2000 14:20:27)
- Stargrl: **Re: Normal Gurl???** (16-Aug-2000 14:46:12)
- Laura: Re: Normal Gurl??? (16-Aug-2000 15:06:36)
- Evil GoDdEss: Re: Normal Gurl??? (16-Aug-2000 15:14:24)
- jessica: Re: Normal Gurl??? (16-Aug-2000 15:47:13)
- Re: Normal Gurl??? (16-Aug-2000 17:15:28)
- amanda: Re: Normal Gurl??? (16-Aug-2000 17:43:23)
- Re: Normal Gurl??? (16-Aug-2000 18:25:28)
- don'tworry: Re: Normal Gurl??? (16-Aug-2000 18:39:48)
- Starz: Re: Normal Gurl??? (16-Aug-2000 19:55:57)
- Elizabeth: Re: Normal Gurl??? (16-Aug-2000 21:52:40)
- Andrea: Re: Normal Gurl??? (16-Aug-2000 23:46:20)
- *~chic~*: Re: Normal Gurl??? (16-Aug-2000 23:47:41)
- Re: Normal Gurl??? (17-Aug-2000 07:09:26)

Exhibit I-9

[Back to main board](#)

[CLICK HERE](#)

Message subject:

Name: (optional)

Email address: (optional)

Type your message here:

Please note:
This is a moderated list. All messages are reviewed before posting.

Build a FREE
online store **looksmart shops**

Accept credit
cards online **Buy It!**

x Warning

[Close] [OK]

X

LinkExchange

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Exhibit I-10

GET YOUR OWN ▲ message board Search
 all magazines for
 NASA Find
 --Find Related Message Boards-- GO!
 Free Internet
 Access Forever

School's Starting! | Computer Games | Get Homework Help - Fast and Free! | Are you Smart? |
 Business Research

Girls' Life Magazine Body Message Board

12 YRS OLD 60 PNDS

Wednesday, 16-Aug-2000 14:45:28

Hi,

I know you guys are prob. really sick of me but HELP!!!!!!!!!!!! IM 60 POUNDS!!!!!!OK THIS IS
 THE SAME EMMA THAT WEIGHED 60 YESTERDAY! GUYS I'M REALLY SCARED
 WHAT IF I LIKE STARVE! I'M 100% ANOREXIC! I FEEL LIKE A HIPPO! HELP ME !!!!!
 GUYS E-MAIL ME!!! AND PLEASE DON'T TELL ME "GO TO THE DOCTOR" BECAUSE
 ITS NOT THAT EASY!!
 LOVE ALWAYS FATTY411

eMMA

CLICK HERE

Message subject:

Name: (optional)

Email address: (optional)

Type your message here:

Exhibit I-11

Please note:
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Build FREE
online store
looksmart shops

Acquire your
cards online
Buy It!

**secure & anonymous
web surfing**

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Exhibit I-12

EXHIBIT J

BusinessWeek online WE'VE GOT EVERYBODY'S FAVORITE CHANNEL...






Finance

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Girls' Life Postcards
provided as a free service by Girls' Life Magazine

Girls' Life



















Special Features

-  Girls' Life Postcards
-  Gallery (1000 cards!)
-  Random Cards
-  Picture search
-  Your own picture or music

Program Options

- help text English
- music
- backgrounds
- link on card
- text colors
- customize email 

Current Events And Holidays

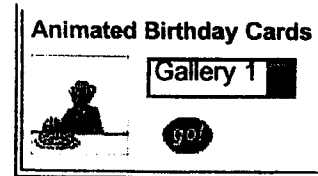
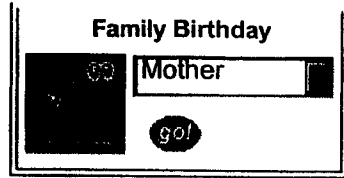
Sneak Zucchini onto Your Neighbor's Porch Night  Aug 08 	Lazy Day  Aug 10 	Blame Someone Else Day  Aug 13 
Bratwurst Festival  Aug 16 	Potato Day  Aug 19 	Be-An-Angel Day  Aug 22 
Romance Awareness Month  	Peach Month  	Catfish Month  

General

- Just Because 1
- Rainbows
- Say Hello
- At the Office
- Be Good to Yourself
- Fantasy Butterflies
- Hugs
- Special Friend
- Virtual Friend
- Words to Live By
- Romantic Places
- Mother

Happy Birthday

Exhibit J-1



Virtual Balloons



Flowers



Special Friend



Party Invitations



Related Birthday



Virtual Flowers



Happy Birthday With Animals Love



General Birthday Cards



Fractal Images



Fine Arts



Clipart

Just Funny



Animals 1



Animals 2



Jokes 1



Jokes 2



NEW Cartoons 1



NEW Cartoons 2

Occasions



NEW Summer Vacation



NEW Party Invitations



NEW Lunch Invitation



NEW Invitation to Lunch



Graduation



Good Luck



I am sorry



Congratulations



Happy Anniversary Couple



Welcome Back



Thank You



Get Well Soon



New Baby



Wedding



Sympathy

Love & Romance



Gallery 1



Gallery 2



Gallery 3



Gallery 4



Gallery 5



Clip Arts



Animations



Romantic Places



Cyber Balloons



Humor



Marry Me



Animals

Lake Effect Cards



Gallery 1



Gallery 2



Gallery 3



Gallery 4



Gallery 5

Animals



NEW Horses



Eyes of a friend



Dogs



Cats



Babies



Wildlife

Scenery



Panorama Cards



Winter Tranquility



On the Beach



Ocean



Sunsets



Lakes

Paintings



Watercolors (B. Steinberg)



Landscape paintings (W.S. Jennings)



NEW Nancy Del Pesco



Season's Palette



Watercolors (M. Vinset) Byun Shi Ji



Watercolors (M. Vinset)

Religion



Christian Verses



NEW Catholic Cards



NEW Jewish Cards



Islamic Cards



Buddhism



Confucianism

Website Rules

server status AY2: 0.21

low

| medium |

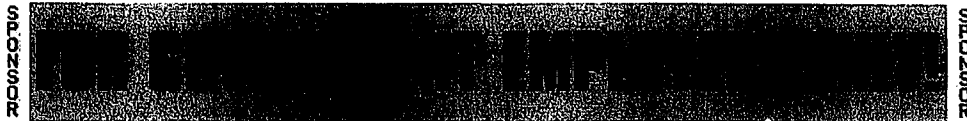
high

|

critical

Server 2: 

Exhibit J-2



Help us to keep this service free. Please visit our sponsor.

Step 2: Card Layout

Select background

Click on the background to see a preview.

your picture

more colors:

Custom

Music

<p>Juke-Box Music</p> <p>Summer NEW</p> <p>Happy Birthday</p> <p>Ballads</p> <p>Easy Listening</p> <p>Modern/Misc.</p> <p>Classical Music</p> <p>Uptempo/High Energy</p>		<p><input checked="" type="radio"/> no music</p> <p><input type="radio"/> Juke-Box ID: <input style="width: 50px;" type="text"/></p> <p><input type="radio"/> random music</p> <hr/> <p><input type="radio"/> custom music:</p>
---	--	---

Christian Music		http://	
Message			
Sender (Name) <input type="text"/>		Sender (Email address) <input type="text"/>	
<input checked="" type="checkbox"/> remember			
Recipient (Name) <input type="text"/>		Recipient (Email address) <input type="text"/>	
<input checked="" type="checkbox"/> remember		Use commas to separate multiple recipients	
Heading <input type="text"/>		<input checked="" type="radio"/> text color black <input type="radio"/> text color white <input type="radio"/> more colors: <input type="text"/>	
		centered <input type="checkbox"/>	
Message (HTML tags allowed)			
<input checked="" type="checkbox"/> framed <input checked="" type="checkbox"/> centered <input type="checkbox"/> next to image			
<input type="text"/>		<input checked="" type="radio"/> modern	
		<input type="radio"/> classic	
		<input type="radio"/> fancy	
		<input type="radio"/> kids	
		<input type="radio"/> typing	
		<input type="radio"/> abcd <input type="radio"/> abcd <input checked="" type="radio"/> abcd <input type="radio"/> abcd <input type="radio"/> abcd	



Girls' Life Magazine
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Exhibit J-4

Christian Music		http://	
Message			
Sender (Name) Meemi Mandel <input checked="" type="checkbox"/> remember		Sender (Email address) meemi23@yahoo.com	
Recipient (Name) Karen Mandel <input checked="" type="checkbox"/> remember		Recipient (Email address) karen_mandel@yahoo.com <small>Use commas to separate multiple recipients</small>	
Heading <input type="text"/> centered <input type="checkbox"/>		<input checked="" type="radio"/> text color black <input type="radio"/> text color white <input type="radio"/> more colors: <input type="text"/>	
Message (HTML tags allowed) <input checked="" type="checkbox"/> framed <input checked="" type="checkbox"/> centered <input type="checkbox"/> next to image			
<input type="text" value="love ya."/>		<input checked="" type="radio"/> modern <input type="radio"/> abcd <input type="radio"/> classic <input type="radio"/> abcd <input type="radio"/> fancy <input type="radio"/> abcd <input type="radio"/> kids <input type="radio"/> abcd <input type="radio"/> typing <input checked="" type="radio"/> abcd	



Girls' Life Magazine
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Exhibit J-5



Help us to keep this service free. Please visit our sponsor.

Step 3: Preview

(there will be no ad on the actual Greeting Card)

Greeting Card for Karen Mandel

Sender: Meemi Mandel

Date: 2000/08/16 06:28:44 PST

x your picture

love ya.

Provided as a free service by Girls' Life Magazine
 © All-Yours Greeting Cards

Click the BACK button if you want to correct this Greeting Card

customize your email notification

Send Greeting Card on

16. Aug 2000

Jul 29. Cheese Sacrifice Purchase Day
 Jul 31. Parents' Day Aug 01. Friendship Day
 Aug 03. Watermelon Day
 Aug 04-06. Twins Days Festival
 Aug 06. Wiggle Your Toes Day
 Aug 08. Sneak Zucchini onto Your Neighbor's Porch Night
 Aug 10. Lazy Day
 Aug 13. Blame Someone Else Day
 Aug 16. Bratwurst Festival
 Aug 19. Potato Day
 Aug 22. Be-An-Angel Day

<p>Hello Karen Mandel,</p> <p>A Greeting Card is waiting for you at our virtual post office!</p> <p>Sender: Meemi Mandel</p> <p>If you don't pick up your Greeting Card within 4 weeks, our postal clerk may discard it. So don't hesitate and have fun!</p>	<p>Aug 01-31: Romance Awareness Month Aug 01-31: Peach Month Aug 01-31: Catfish Month</p>
<p><input checked="" type="checkbox"/> Confirm Delivery</p> <p>Check <i>Confirm Delivery</i> if you want to be notified when the recipient picks up this Greeting Card.</p>	

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Girls' Life Magazine
© All-Yours Greeting Cards

Exhibit J-7



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Girls' Life®

Thank You!

Karen Mandel will be sent a notification for Greeting Card ID

214630608958

Please make a note. You will need this ID in case you have any questions about your card!

Time of delivery: October 31, 2000 - 02:00-07:00 PST

We will notify you when the recipient picks up this card.

Thank you for using our free service and be sure to use it again the next time you need to send a memorable message.

Send another Greeting Card

(Right-click this link to add Girls' Life Postcards to your bookmarks/favorites.)

[Girls' Life Magazine home page](#)

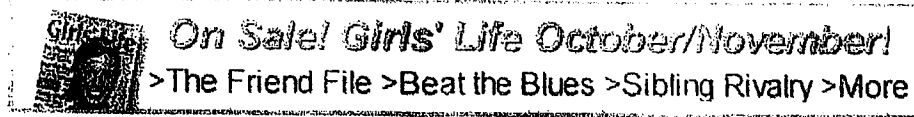
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Exhibit J-8

EXHIBIT K

Girls' Life


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[GL Online](#)
[Contests](#)

[Message Boards](#) | [Cyberpals Club](#) | [Pen Pals](#) | [Readers' Pages](#) | [Postcards](#)

Privacy Policy

Like any good friend, we at Girls' Life think your private stuff should stay private. We aren't about to gossip to any third parties about personal information like your name, address, age, gender or any other identifying info.

Here is the deal on our privacy policies so that you understand what we do with your personal information. By using the www.girlslife.com site, you agree to the terms and conditions outlined below. If you do not agree to these terms and conditions, please do not use this site. If you have any questions or want to contact us, please email us at webmaster@girlslife.com.

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Do I have to give you personal information to see your site?

No. We don't ask for any registration or personal information to check out our site.

Do you ever need my personal information?

We have several helpful features on our web site that require asking for personal information. These parts of our site are for use only by people over the age of 13. If you are under 13, under no circumstances should you send us any personally identifying information.

Our subscription department allows you to order the magazine, renew your subscription, give a gift subscription and change your address. In order to process those requests, we need to have the following information: Your name, address, e-mail address. We will also ask for the name, address and birthday of the girl you are sending the magazine to. If you are renewing or changing your address, we will also ask for your customer number. This number can be found on your magazine, right above your address.

You can order our book, the Girls' Life Guide to Growing Up from GirlsLife.com.

You can also order other merchandise on-line through our

Exhibit K-1

girlslifeshop.com site. These parts of our site are for use only by people over the age of 13. If you are under 13, under no circumstances should you send us any personally indentifying information.

What Does Girls' Life do with the information?

Girls' Life stores its customer information in its secure database and does NOT share this information with anyone except for our contracted partners. Once a member or parent requests that we delete this information, it is suppressed from all marketing purposes immediately. Girls' Life NEVER sells a child's name to any third parties.

Who does Girls' Life share information with?

Girls' Life shares personal information with contracted partners exclusively for the purpose of mailing Girls' Life magazine. We may also send our customers renewal notices and promotional materials. From time to time, Girls' Life does make its mailing list available to marketers who have products we feel our customers may enjoy. To opt/out of any outside mailings, please see our opt/out information below.

Hurricane Electric: This company hosts Girls' Life.com and handles all front-end interface with visitors to the site. All contracted partners of Girls' Life are contractually bound to maintain the confidentiality and security of all customer information. Hurricane does collect personal information for any of our users.

Will anyone know how I answer questions on your site? Or if I ask them?

Questions of the Week, Ask Lucky, Dear Dave, Beauty Babe and Style File:

Girlslife.com visitors can send questions to several different experts whose wisdom we share on our web site.

We ask that all girls sign their letters with a nickname or name related to the concern (i.e. Boy Baffled, In Need of a Mascara Master, Bewildered and Confused, etc). No personally identifiable data is collected from participants through any of these features.

For Question of the Week, girls are asked to submit their answers to different types of questions. Girls' Life publishes some of the results of these in the magazine, others may be used on-line. The information is collected and published without any personal data.

Girlslife.com visitors can take quizzes on our site. We do not collect any quiz answers provided by participants.

Girls' Life also does polls from time to time. Some of the results of these polls will be in the magazine, others may be used on-line. The information is collected and published without any personal data. No personally identifiable data is collected from participants through any of these features.

Exhibit K-2

What about cyber pals, electronic postcards and e-mail services?

Girls' Life has offered links to selected outside providers for certain services like cyberpals (A Girl's World Productions, Inc.) postcards (www.all-yours.net) and e-mail (BigMailBox.com, Inc.). Please be aware that you are leaving the Girls' Life site when you participate in those services.

Girls' Life is in no way liable for the practices of these companies. If you engage in any of these outside services, you agree to the terms listed by those services. Girls' Life cannot be held responsible for the conduct of these companies in regard to their privacy, advertising and content policies. Please become thoroughly familiar with the privacy policies of these sites and adhere to all their guidelines. We offer these links as a service to our readers. In no way do we endorse their practices or policies.

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Security

The importance of security for all personally identifiable information associated with our users is of great concern to us. Financial information is transmitted from your computer to our server utilizing encryption software. Only those employees who need access to our users' information in order to do their jobs are allowed access. Any employee who violates our privacy and/or security policies is subject to termination and civil and/or criminal prosecution.

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